

4-4-2015

Naheed Syed / GRMI

Mahdavia Islamic Center of Chicago



- What is the concept of Career Planning in USA and for whom
- When and how do you assess what your career should be?
- How should your family and religion influence your career
- Work Life Balance

2.

- 5. Once you have a Job what makes you successful and why
- 6. Levels of a corporate management and how to excel at your career

Mahdavia Islamic Center of Chicago



Career Planning applies to women who are interested in being an important part of a

- Corporation
- Government Entity
- Entrepreneurial Business

Who should Plan for a Career

- Women who's family will support a career (single or married)
- College Graduates
- Entrepreneurs

Mahdavia Islamic Center of Chicago



Career Planning Phases

- Self Exploration
 - Family Background / Religion
 - Personality
 - Work Research
 - Job Market trends
 - Work environments
- Experiential education
 - Internships / Co-Ops
 - Volunteering
- Decision Making
 - Prioritize needs
 - Set objectives
- Job Search Skills
 - Networking
 - Resume / Negotiations
- Career Management
 - Relationship with Co-workers
 - Office Politics

Mahdavia Islamic Center of Chicago



Key Attributes that contribute to your Career

- Identity
- Interests
- Skills
- Religion
- People / Social skills
- Strengths and weaknesses
- Experience (internships, co-ops)
- Family traditions
- Personality
- Life Goals and Work Values

Mahdavia Islamic Center of Chicago



Family and Religious influence

- Ask you parents, spouse others what are their expectations of you
- What is your responsibility to your spouse and children or family
- Does the job fit your religious requirements
- Does the job allow you the ability to balance your personal requirements

Mahdavia Islamic Center of Chicago



Work Life Balance

- Income Requirements
- Work hours
- Geographic requirements
- Stress Levels
- Level of interaction with other people (Men)
- Indoor Vs. Outdoor
- Balance between creative and conventional tasks
- Physical requirements
- Benefits and perks
- Advancement opportunities
- Industry outlook

Mahdavia Islamic Center of Chicago



Career Advancement

- Career planning and advancement requires constant effort
- What differentiates you from others
- Leadership skills
- Your ability to listen and comprehend
- Your judgmental skills
- Your communications
- Ability to overcome challenges
- Conflict resolution
- Converting negative to positive
- Financial management

Mahdavia Islamic Center of Chicago



Corporate Levels (apply to corporations with more than 100,000 employees) Supervisory / Lead positions Management positions Director Level Vice President Executive positions C – level positions Board Chair positions

Mahdavia Islamic Center of Chicago





Mahdavia Islamic Center of Chicago



Questions